

U-15 Girls State League Soccer Team
Proposed Team Prospectus
2010/2011 PVYSC Neenah Velocity
Submitted by coaching applicant Cody E. Kasten

Team Selection

Team shall be formed based on selection criteria outlined by PVYSC. Tryout dates have not been determined as of this writing. Squad will be up to 18 women if enough qualified athletes attend try-outs. A minimum of 15 will need to be qualified to form the team.

Coaching Philosophy

I believe that it is imperative that the team behave as a unit with out prejudice. Operating as a unit, the team can not place blame on a player, position or group because they are playing as one. Eleven players make up the squad on the pitch and when there are mistakes, the team needs to make up for them for the better of the team.

All players need to be playing at their "A" level at all times, playing to win the match and having fun. These are the three legs of the stool of the team. Missing one of them makes being successful difficult at best. Players will on the pitch according to their ability to contribute to the success of the team. It would be my goal to have all players at the same skill level, having that depth on the bench would be any coach's dream.

I also believe that it is the coach's job to guide the team to their full potential, to maintain the group's focus and measure where the team is and how they can reach the goals they have set.

As a coach, understanding my limitations is paramount. I will secure the resources required to help the team reach its full potential by utilizing a professional trainer. My own education will continue through formal training and mentoring by other successful coaches.

Coaches Expectations

Training will be held two times per week with three objectives driving drill selection. Conditioning will be foremost as the most skilled players have difficulty playing when fatigued on the pitch. Second will be tactical team drilling to stress team play and field awareness as the players continue to progress their level of play. This will require an initial evaluation by the staff on where the team stands at the beginning of the cycle. As the team progresses, more advanced methods will be taught and drilled to the point of becoming second nature. Lastly, each player will be evaluated and then have a review with an action plan being established for personal development. This will be more of a personal training plan that will be reviewed through the season to determine whether a new plan can or should be developed. Most of this work will be on an individual basis and will need to be worked on outside of team training.

Team Goals

Next years State League placement is still in question and one team goal will depend on that placement. Should the team remain at the Premier Level, finishing in the top four will be the initial milestone goal. If relegated to First Division, requalification to Premier would become the primary goal.

Second would be qualification for the State Cup finals weekend, making it out of the pool play during the fall tournament.

A team discussion will determine other goals (i.e. defensive/offensive stat goals) for the team as a group. Some method of communicating goal attainment will be implemented to help maintain focus by team members.

Trainer

Jim Nash has agreed in principle to train the Neenah Velocity for the season should I be appointed the coach. Jim has extensive experience at highly competitive levels of soccer. His passion for youth soccer in the Fox River Valley over the years is a testament to his commitment to developing a love for the game of soccer while pushing people to their fullest potential.

Jim is the Neenah Men's Varsity Trainer as well as the Appleton North Women's Varsity Trainer. He also trains the PVYSC Neenah Wizards, a U-13 Boys team playing at the State Premier level.

Season

Training would begin during the second week of August with as many as three practices per week until school starts. These practices would be centered on conditioning and determining where the group stands in order to place individuals.

State League play typically starts the week after Labor Day weekend with matches being played on weekends. On rare occasion, there may be a week day match to alleviate weekend travel with another local team. Practice would shift to twice per week during league play.

Two to three tournaments will be applied to for the fall season. These are very likely going to be in the Milwaukee or Chicago Land areas.

After Christmas Break, we would reconvene for training and then one or two tournaments between February and March before the High School season starts around the second or third week of March.

Estimated Per Player Expense

Tryout Fee	\$ 25
Registration	\$100
Tournament Entry Fees	\$100
Indoor Training Facility	<u>\$150</u>
TOTAL	\$375 plus personal expenses for hotels, meals and travel